



# Gateway Reading Association/DKG

## Read and Prevent the Summer Slide

### BOOKS BEAT SUMMER SLIDE

Children who are given access to books over the summer perform 35-40% better on reading achievement tests than those without access to books.



SCHIFFRIN, Allison, Richard L., Anne Magill-Franzen, Gregory Camilli, Lucretia Williams, Jennifer Graff, Jacqueline Zelig, Courtney Zinske, and Rhonda Howell. "Addressing Summer Reading Setback Among Economically Disadvantaged Elementary Students." Reading Psychology 31 (6 (2010): 411-27. Web.

By the time summer rolls around, we are all ready for a vacation. It's great to relax, but it's also important for students to continue reading and writing. Without this continued practice, there is a greater chance for students to lose momentum and regress in their skills. Research shows that students in California are making gains during the school year, and then much of this learning is lost due to lack of practice when they are away from school in the summer months. With a little help from parents, it's possible to put the brakes on the summer slide and maintain momentum even on vacation. Read and Write every day!

### 5 simple things parents can do to prevent the summer slide:

- Include in your children's daily routine a set time for reading (ex. read before bed time)
- Spend time talking to your children about books they are reading
- Have your children keep a journal where they can draw and write about their summer activities
- Write letters to families and friends and encourage them to write back
- Visit the public library To learn more about the [Summer Reading Program](#), sign up at [sonomalibrary.beanstack.org](http://sonomalibrary.beanstack.org)
  - Participate in the summer programs at your local library
  - Check out lots of books



For more ideas, visit Gateway's website  
[gatewayreadingcouncil.org](http://gatewayreadingcouncil.org)

Remember to make reading and writing *FUN* for you and your child!